The Czech Republic

May 20th, 2016 Václav Pospíšil, M.D. SKVIMP















First step after Berlin 2015

(the main goals for the year 2016)



definition of relevant nutritional status indicators

involving patient organizations and stakeholders

publication of national nutritional guidelines



First step after Berlin 2015

(the main goals for the year 2016 - done)



- definition of relevant nutritional status indicators
 - participating in ND 2015



- involving patient organizations and stakeholders
 - participating on the "Zdraví 2020" national program



- publication of national nutritional guidelines
 - ongoing.... prepared for the publication by SKVIMP





NutritionDay 2015 in CR

The tool for relevant data



- The data collected from
 - 2052 patients in hospitals
 - 573 pt. on ICU
 - 244 oncology patients
 - 930 pt. in nursery homes



- Some features compared with reference units
 - nurses, nursing aids 0,8 less than ref.
 - local written procedures 1,4 plus than ref
 - pt. weight assesed on admission 94% (a week 63%)
 - but discharge home only 41% vs. 68% (!)
 - significantly more comorbidities
 - · significantly worse subjective feeling



which will be the best nutritional status indicator?

The Health 2020



National Strategy of Protection and Support the Health and Disease Prevention

Participation on 5 from 10 main topics:

No. 4 - Recommendations for the collective feeding

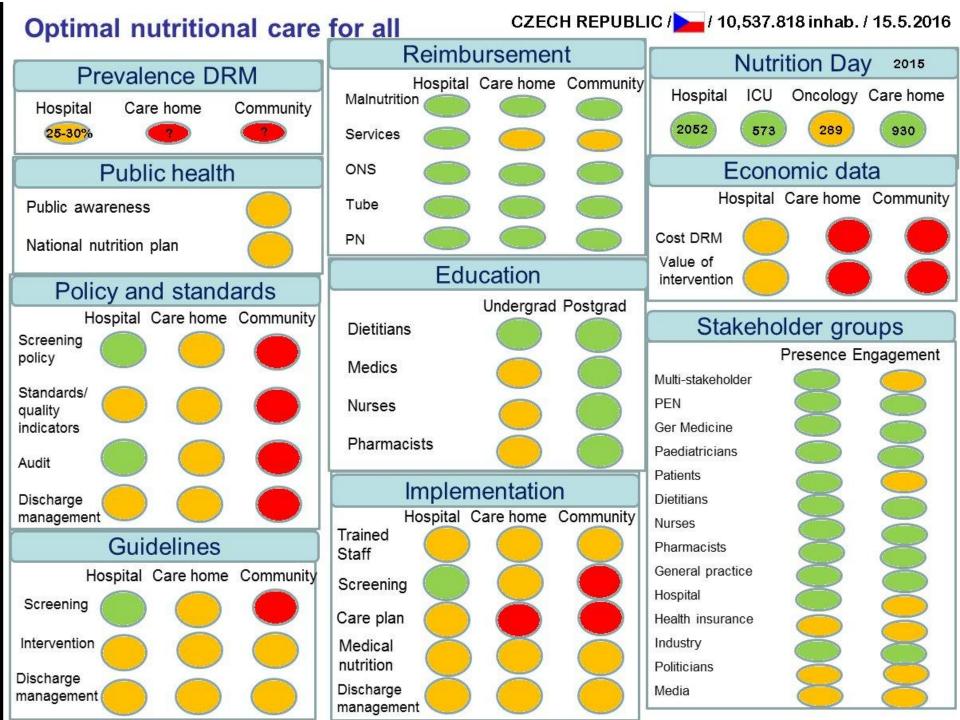
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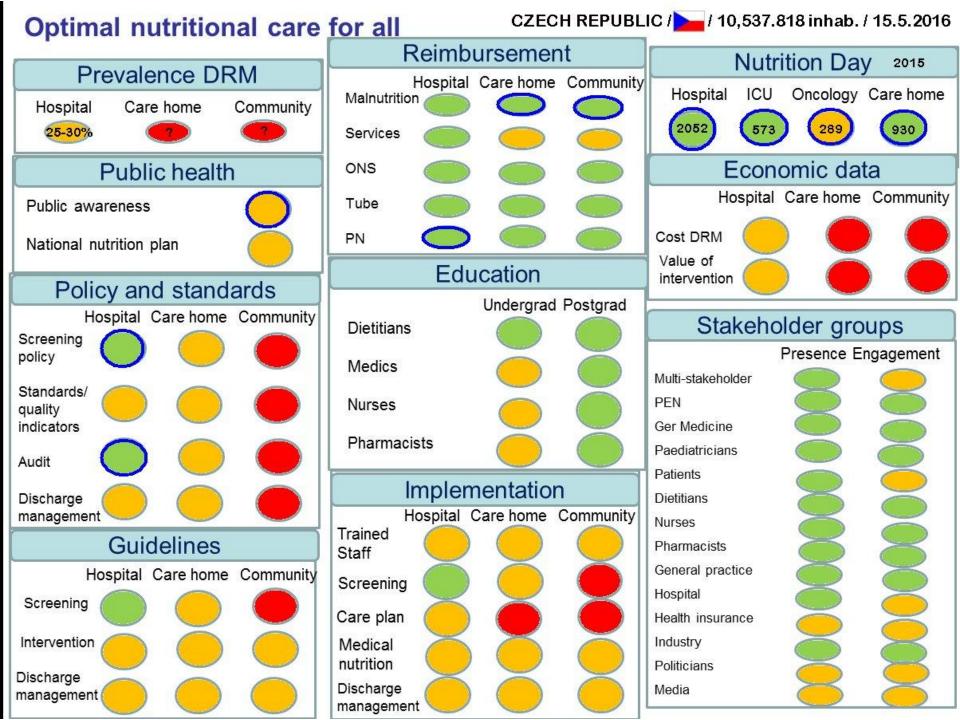
- No. 5 The support for the nutritional nurses education and education by the nutritional nurses
- No. 6 The nutritional recommendations both for the population and for the patients
- No. 7 The organization of the nutritional counselling (on the all levels of medical education)
- No. 8 The support of the surveillance, evaluation and the research concerning the healthy nutrition and the nutrition status of the population in CR).

























Thank you for your attention!